

## **DELHI POLICE PUBLIC SCHOOL**

### **CLASS XII: PSYCHOLOGY MONTH WISE SYLLABUS: SESSION (2025-2026)**

**TERM 1: April to September**

**April:** Chapter 1: Variations in Psychological Attributes

Chapter 2: Self and Personality

**May:** Chapter 2: Self and Personality.....To be continued

**July:** Chapter 3: Meeting Life Challenges

Chapter 4: Psychological Disorders

**August:** Chapter 4: Psychological Disorders...To be continued

Chapter 5: Therapeutic Approaches

**September:** Chapter 5: Therapeutic Approaches...To be continued

**TERM II: October to December**

**October:** Chapter 6: Attitude and Social Cognition

Chapter 7: Social Influence and Group Processes

**November:** Revision of all chapters.

**December :** Pre- Board Examination